

Woman's World

Jan. 4, 2010
God Bless America

A great week
made easy!

More
for your
money!
\$1.79

Your
2010
horoscope!



BRIGHTEN JANUARY!

Cheeriest-ever
chocolate cupcakes!

SAVE ON GROCERIES!

Stretch chicken, meat, produce—and your food budget!

Try nature's own 'Tamiflu' for
Protection against swine flu!

**STRESS-BUSTING
SECRETS!** Turn your home into
an oasis of serenity!

WINTER JOY- BOOSTERS!

Happiness
tricks that
brighten
cold days!

Breakthrough OHIO STATE UNIVERSITY BELLY FAT CURE!

Discovery: Two spoonfuls of *this* oil will block fat storage! Melt 5" of belly fat—no diet required!

GORGEOUS HAIR!

A natural cure so powerful, it's reported
to turn gray hair dark again!

Don't want Lipitor? 8 super-health foods that

LOWER YOUR CHOLESTEROL!



Feed your family healthy!

Recipe makeovers:
Good-for-you
mac 'n cheese,
chili, pot pie,
cheesecake, cookies!