



For Immediate Release

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**Michael E. McGrath, Author Of *Decide Better! For College To Hold*
Book Signing At Southern Methodist University's
Barnes & Noble On March 25 At 4:00 PM
Decide Better! For College Is The Latest Book In The *Decide Better!* Series
Series and Author Have Earned Honors and Following**

Dallas, TX/March 18, 2009 – Michael E. McGrath, co-author of *Decide Better! For College* (ISBN 978-1-935112-03-7, Motivation Publishing, 2009) will be holding a book signing at the Southern Methodist University Barnes & Noble at 3060 Mockingbird Lane, Dallas, Texas on March 25th at 4 PM. The book is the second in the critically acclaimed leadership series, *Decide Better!*. McGrath co-authored the book with his son, Christopher. *Decide Better! For College* is designed to help students make the right decisions for the life altering choices they will be confronted with in college. The book is ideal for prospective college students, those already in college, and parents. Written in an easy to read style, the book is designed to help students to make the right decisions on the choices that will impact the rest of their lives. McGrath's first book in the *Decide Better!* series, *Decide Better! For A Better Life* has earned nominations for the Benjamin Franklin Award in Independent Publishing, the Nautilus Award, the Eric Hoffer Award, and is a finalist for the ForeWord Magazine Book of the Year Award.

“I am very pleased to be doing this book signing in Dallas at the Southern Methodist University,” said Michael E. McGrath, co-author of *Decide Better! For College*. “*Decide Better! For College* is a must read for any student thinking about college or already there, as well as, their parents. College students are suddenly thrust into a world where they have to make major life-shaping decisions on their own, with limited or no direction from others and little prior experience making these types of decisions. *Decide Better! For College* provides the processes that the students can utilize to make the right choices during their college career.”

Written in short and lively chapters, *Decide Better! For College* addresses some of the major questions that students will face. Among the aspects of college life that the book covers in making better decisions are: which college is best for me; what should I major in; how can I pay for college; how do I balance my academic and social time; should I live in on campus; is the Greek life for me; and post graduation decisions. The book is also ideal for parents who are

concerned about their children being away from home for the first time as well as with the issues they will face in college.

From the moment a student begins thinking about college they make decisions that will affect the rest of their lives. Then once in college they are free to do what they want, when they want. Students decide on their own boundaries or live without any. In college they are confronted by decisions about partying, sex, drinking, and drugs. The vast majority of students are not prepared to make these decisions. They can be easily swayed by peer pressure when they are not strong in their own decisions. And for the first time, they are on their own financially, needing to make spending decisions and even borrowing decisions as they are all offered credit cards for the first time. *Decide Better! For College* provides a blueprint for making decisions on all of these choices so students can have a productive and enjoyable college life.

About Michael E. McGrath and Decide Better!

Michael E. McGrath is the founder of Decide Better! the groundbreaking decision making book series. McGrath is considered one of the world's foremost decision gurus. His insight on the decision making process is sought after by individuals, businesses, and associations. *Decide Better!* is the leading book series dedicated to improving your life through better decisions. In the *Decide Better!* book series, McGrath develops the processes for proper decision making. The books include *Decide Better! For A Better Life*, *Decide Better! For College*, and the soon to be released, *Decide Better! For Business Success*. More books in the Decide Better! book series will be released in 2010. Additional information on Michael E. McGrath and Decide Better! may be obtained at www.decidebetter.com.

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