

Michael E. McGrath

**Decide Better!**  
Improve Your Life Through Better Decisions



*For Immediate Release*

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***Decide Better! For a Better Life* Named A Finalist For  
The Next Generation Indie Book Award  
Award Recognizes Excellence In Writing By Independent Publishers  
*Decide Better! For a Better Life* Earning Strong Worldwide Following and Honors**

**Dallas, TX/February 26, 2009** – *Decide Better! For a Better Life* (ISBN 978-1-935112-00-6, Motivation Publishing, 2008) by Michael E. McGrath, the first book in the Decide Better! decision series, has been named a finalist for the Next Generation Indie Book Award in the self-help category. The Next Generation Indie Book Award is considered one of the leading book awards in the publishing industry and recognizes excellence in independent publishing. *Decide Better! For a Better Life* is designed to assist individuals in making better decisions in their everyday lives that will help improve their daily lives. The book and its author, Michael E. McGrath have been featured on CNN International and FOX Business Network and are earning a following among readers worldwide. The Next Generation Indie Book Awards was established to recognize and honor the most exceptional independently published books in 70 different categories, for the year, and is presented by Independent Book Publishing Professionals Group.

“I am very honored that has been named as a finalist for the Next Generation Indie Book Award,” said Michael E. McGrath, author of *Decide Better! For a Better Life*. “When I first began writing *Decide Better! For a Better Life*, I did so with the recognition that we all need to make better decisions in our daily lives and it was my hope that this book would help us with this and I am very pleased to see the strong following it has developed. The need for better decision making is more critical now than ever before and by understanding how to make better decisions, we will be able to make more meaningful and impactful decisions in our daily life.”

*Decide Better! For a Better Life* provides 90 witty and practical lessons on decision-making. It is designed so that readers can pick it up and read one or two chapters at random throughout the book, then come back to it and read other chapters later. It is truly a guidebook for successful decision-making in everyday life. The next books in the series are the newly released *Decide Better! For College* co-authored with Chris McGrath; *Business Decisions!* due for release in fall of 2009; and *Decide Better! For Wedding Success* due for release in 2010.

Author, Michael E. McGrath is an experienced management consultant, business executive and visionary, entrepreneurial leader, author, and family man who has studied and applied decision-making for more than 25 years and been praised worldwide for his insightful and innovative approaches to decision making.

Michael has established a reputation as a strong, yet personable and witty, decision-maker and credits much of the success in his life to making better decisions. Throughout his career, Michael has published more than 500 articles and given more than 600 speeches. With *Decide Better!*, he now brings that impressive experience to everyone.

**About Michael E. McGrath and Decide Better!**

Author, Michael E. McGrath is an experienced management consultant, business executive and visionary, entrepreneurial leader, author, and family man who has studied and applied decision-making for more than 25 years and been praised worldwide for his insightful and innovative approaches to decision making. McGrath is considered one of the world's foremost decision gurus. His insight on the decision making process is sought after by individuals, businesses, and associations. *Decide Better!* is the leading book series dedicated to improving your life through better decisions. In the *Decide Better!* book series, McGrath develops the processes for proper decision making. The books include *Decide Better! For a Better Life*, the recently released, *Decide Better! For College, Business Decisions!* scheduled for a fall release. More books in the *Decide Better!* book series will be released in 2010. Additional information on Michael E. McGrath and *Decide Better!* may be obtained at [www.decidebetter.com](http://www.decidebetter.com).

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