



For Immediate Release

Media Contact: David E. Johnson, Strategic Vision

Ph: (404) 880-0098

Email: djohnson@strategicvision.biz

***Decide Better! For a Better Life Named A Finalist For ForeWord Magazine
Book of the Year In Self-Help Category
Award Recognizes Excellence In Independent Publishing
Decide Better! For a Better Life Earning Strong National Following and Honors***

Dallas, TX/April 6, 2009 – *Decide Better! For a Better Life* (ISBN 978-1-935112-00-6, Motivation Publishing, 2008) by Michael E. McGrath, the first book in the Decide Better! decision series, has been named as a finalist for the *ForeWord* Magazine Book of the Year in the self-help category. The *ForeWord* Magazine Book of the Year Award, considered one of the most prestigious literary award, was established to bring increased attention from librarians and booksellers to the literary achievements of independent publishers and their authors. The book and its author, Michael E. McGrath have been featured on CNN International and FOX Business Network and are earning a following among readers worldwide. The winner of the *ForeWord* Magazine Book of the Year will be announced at BookExpo America in New York City.

“I am very honored that *Decide Better! For A Better Life* has been named as a finalist for the *ForeWord* Magazine Book of the Year Award,” said Michael E. McGrath, author of *Decide Better! For a Better Life*. “When I first began writing *Decide Better! For a Better Life*, I did so with the recognition that we all need to make better decisions in our daily lives and it was my hope that this book would help us with this and I am very pleased to see the strong following it has developed. The need for better decision making is more critical now than ever before and by understanding how to make better decisions, we will be able to make more meaningful and impactful decisions in our daily life.”

Decide Better! For a Better Life provides 90 witty and practical lessons on decision-making. It is designed so that readers can pick it up and read one or two chapters at random throughout the book, then come back to it and read other chapters later. It is truly a guidebook for successful decision-making in everyday life. The next books in the series are *Decide Better! For College* co-authored with Chris McGrath that has been released to strong acclaim and has been featured on ABC News Now; and *Decide Better! For Business* due for release in Summer 2009.

Author, Michael E. McGrath is an experienced management consultant, business executive and visionary, entrepreneurial leader, author, and family man who has studied and applied decision-making for more than 25 years and been praised worldwide for his insightful and innovative approaches to decision making.

Michael has established a reputation as a strong, yet personable and witty, decision-maker and credits much of the success in his life to making better decisions. Throughout his career, Michael has published more than 500 articles and given more than 600 speeches. With *Decide Better!*, he now brings that impressive experience to everyone.

About Michael E. McGrath and Decide Better!

Michael E. McGrath is the founder of *Decide Better!*, the groundbreaking decision making book series. McGrath is considered one of the world's foremost decision gurus. His insight on the decision making process is sought after by individuals, businesses, and associations. *Decide Better!* is the leading book series dedicated to improving your life through better decisions. In the *Decide Better!* book series, McGrath develops the processes for proper decision making. The books include *Decide Better! For A Better Life*, *Decide Better! For College*, and the soon to be released, *Decide Better! For Business Success*. More books in the *Decide Better!* book series will be released in 2010. Additional information on Michael E. McGrath and *Decide Better!* may be obtained at www.decidebetter.com.

###